PARKINSON'S<sup>UK</sup> + CHANGE ATTITUDES. FIND A CURE. JOIN US.

THE MALMESBURY & DISTRICT BRANCH OF PARKINSON'S UK



Editors: Christine Mace & Sue White

# **SUMMER NEWSLETTER – JUNE 2022 ISSUE NO. 68**

Welcome to our Summer News Letter. It has been so good to get back to something like normal at long last. However, we need to remain aware that Covid has not gone away.

## **COMMITTEE NEWS**

Unfortunately Martin & Teresa have had to resign from the committee for personal reasons. We thank them for their valuable contribution in the short time on the committee. We are actively recruiting new committee members, as our committee is currently very small. We need more volunteers to spread the load, and bring new ideas. Speak to Christine or any committee member for more information.

#### **BRANCH MEETINGS**

We had to cancel the January meeting which was the AGM, due to the PUK rules regarding Covid at the time. However all monthly meetings since have gone ahead with a variety of speakers.

#### **AGM**

As we had to cancel the AGM in January, it will now be held at the July meeting, followed by a cream tea. Paperwork enclosed.

## **EXERCISE/DANCE CLASSES**

Hannah Creighton has been on maternity leave since April, so Sarah Gilmartin has been taking the exercise classes at Springfield Leisure Centre Corsham in her absence. They are Fridays,4pm to 5.30. If you would like more information, please contact Christine. We are delighted to congratulate Hannah on the birth of a son George on the 8<sup>th</sup> April.

# **CORSHAM CAFÉ**

The Café is held on the first Monday of the month at The Greenhouse Café, Wadswick Retirement Village, Corsham, SN13 9FN. All welcome for an informal chat and coffee. Bring your friends along too. If you would like more information, please contact Sue.

## **WESTON-SUPER-MARE OUTING**

Our outing to Weston-Super-Mare with a fish & chip lunch is on June 29<sup>th</sup>. Pick up from Waitrose Malmesbury 10am, and Morrisons Chippenham 10.20am. Returning approximately 6pm.

## **FUTURE OUTINGS & HOLIDAYS**

For any outings or holidays, we need to have a good number to be viable. You will appreciate that the costs have risen, especially coach hire. Please can you inform any committee member of your interest.

# **MALMESBURY CITIZEN AWARDS 2022**

We were delighted to receive "The Mayor of Malmesbury Commendation Award 2022" It was presented to committee members Sue White & Carmen Kucharek at the Annual Town Council meeting in Malmesbury Town Hall on Thursday 28th April.

We were also nominated for Organisation/Group of the Year 2022.

Recipients of Ten Year Volunteer Contribution 2022 Certificates were:-

Carol Hinwood recently retired membership secretary after more than 30 years' service Christine Mace, current chairperson

Bill Perkins, past chairperson.

# PARKINSON'S NURSES

At our October meeting Emma Galos from GWH, and Beckie Bray from RUH, (who is covering Lindsay Breeson's maternity leave), will be available for a chat before and after the speaker.

## ROGER LEE

We were saddened to hear that Dr. Roger Lee had passed away last month. Roger had been an active member of Malmesbury Parkinson's for more than twelve years, and will be sadly missed. Our thoughts are with Heather and the family.

## **MEMBERSHIP**

Although we have a healthy membership, the numbers attending meetings are still very low, having not returned to pre Covid levels. This is perfectly understandable, as some people are still nervous of mixing with others, and some are not in good health. However we do need to increase attendance, so that we can afford to book speakers & entertainers. Tell your friends about us, and maybe bring them along to a meeting as a guest. Any suggestions how we can improve our numbers will be most welcome.

# **GENERAL HELP AND ADVICE**

Parkinsons helpline 0800 800 0303 Website: <a href="https://www.parkinsons.org.uk">www.parkinsons.org.uk</a>

Christine Mace - Tel: 01666 822691 Email: <a href="mailto:christineamace@icloud.com">christineamace@icloud.com</a>

Sue White - Tel: 01249 446484 Email: suewhite4@btinternet.com

# **BRANCH WEBSITE**

Please check out our branch website, Http://Malmesburyparkinsons.org.uk
If there is anything that you think should be included on the website, please let Christine
or Sue know.

# **PRINTING**

We would like to thank Gordon Hogg from Attorney Wills for the printing of the AGM documents.

Parkinson's UK Tel: 020 7931 8080 Website: www.parkinsons.org.uk